

How modern medicine's failings are being mitigated by holistic therapies

... and introducing a grassroots initiative bringing all healing disciplines together



DR TESS LAWRIE, MBBCH, PHD

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With so many now injured by modern medicine, I am very keen to hear how other types of healing practices work. Especially if holistic practitioners have any ideas or strategies to help those injured by the Covid-19 vaccines. What I have realised is that we medically trained doctors really need to acknowledge that human beings are more than matter; we are both matter *and* energy. This in turn means acknowledging that we feel and sense things that scientific instruments cannot necessarily measure, that we exist within a universe we know little about and that there are ways of healing that our modern scientific methods cannot yet elaborate.

Homeopathy is one of these modalities. From a medical and materialistic perspective, homeopathy makes no sense, and yet, it clearly works. In this week's Tess Talks, homeopath Janey Lavelle took me through the rationale behind homeopathy and made the salient point that this particular medicine is based on energy and frequency. Now, if one takes the view that we are but matter, then homeopathy is illogical. **If one entertains the reality that we are matter and energy, then homeopathy suddenly starts to make sense.**

Once I grasped the principles of this two-century old healing system with Janey's help, we began to talk about the possibilities it brings. This is where it got really fascinating. Janey, together with many other homeopaths, is successfully treating people injured by vaccines and has been doing so for years. I was particularly struck by homeopathy's use of isopathy and nosodes to treat vaccine injury, both of which she explains in our conversation. It got me thinking: what if a generic remedy could be used for each of the Pfizer, Astra Zeneca, Johnson & Johnson, Moderna and other vaccines to counter their ill effects? **What if this could be available over the**

counter as a kind of panacea for the Covid vaccine injury pandemic? Perhaps homeopaths are already working on this. Given the deafening silence from and apparent cluelessness of mainstream medicine, I truly hope so.

I really loved speaking with Janey. She's a mother of four with a wealth of life experience, woman's wisdom and healing expertise. What she has to share is important: trust in modern western medicine is at an all-time low, allopathic doctors are at a loss as to how to treat the increasing numbers of vaccine-injured people, and we all need to inform ourselves of the alternative avenues to health restoration. I really hope my colleagues will tune in with an open mind, and consider referring people who they cannot heal, to homeopaths. Just because we don't understand something, does not mean it is not real, or cannot work.

Don't miss my next Tess Talks this Sunday morning with homeopath Janey Lavelle – and please share with anyone you think may be interested.

Build or join your local health hub

Talking about new approaches to health and having spoken about community last week, brings me to a new organisation working hard to bring these two themes together.

So many of you share your wisdom born of experience to help others on their own path back to health. This free and unconditional exchange is the currency of the future being enacted in the now. I have also heard and read many people asking the same question: where can I receive healthcare I can trust? This is something I and many others have been seeking to answer for a long time now, so I'm delighted that there is an initiative offering a solution, and that it is really taking off.

The [People's Health Alliance](#) (PHA) is driving the development of decentralised community health hubs across the UK and internationally. Their Health Hub Blueprint is available, free of charge, to download when you sign up to their newsletter, and it offers a comprehensive guide to creating your own health hub – if one hasn't been established in your community already. The PHA is one example of many inspired grassroots, local community initiatives that have sprung up around the world. [A Stand in the Park](#) is another example, and I'm looking forward to interviewing its UK founder Sophia Rose on Tess Talks – more on this soon.