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Vaccine, Survey Reveals

A survey of 300,000 people who didn't get the COVID-19 vaccine revealed the unvaccinated didn't place a disproportionate burden on health systems — in fact, they experienced very low rates of hospitalization and severe COVID-19.

By Alliance for Natural Health International

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There have been very few studies looking at how those who've elected to rely on natural immunity and natural products, as compared with those who've consented to COVID-19 genetic vaccines, the latter who may or may not have, also tried to optimize their immune systems, fare when it comes to COVID-19.

The few that have been done often mix [vaccinated](#) with unvaccinated, as shown in the case of [U.K. data](#) by professor Norman Fenton and his group at Queen Mary, University of London.

That changes with the first release of the analysis of survey data from the international [Control Group project](#) — also known as the Vax Control Group.

The citizen-led project was initiated by an Eastbourne (U.K.) cooperative, the [Control Group Cooperative](#) — and it's had more than 300,000 subscribers.

Rob Verkerk Ph.D. of Alliance for Natural Health has led a team, including Dr. Naseeba Kathrada (general practitioner, South Africa, Caring Healthcare Workers Coalition), Christof Plothe D.O. (integrative and osteopathic practitioner, Germany) and Dr. Kat Lindley (family physician, USA), that has collated, analyzed and interpreted the first five months of [survey data](#) from "control group" participants.

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The [survey data](#) offer important revelations, including:

- The unvaccinated "control group" participants don't place a disproportionate burden on health systems — in fact, quite the opposite, they have experienced very low hospitalization rates and severe COVID-19 disease is rare.
- They are more likely to self-care, using natural products like vitamin D, vitamin C, zinc and quercetin.
- Many have used [ivermectin](#) and [hydroxychloroquine](#).
- Women have suffered menstrual and bleeding abnormalities despite being unvaccinated, possibly owing to spike protein exposure and shedding.
- Their mental health burden has been considerable, possibly aggravated by their stigmatization by the mainstream, "vaccinated" society.
- They have been heavily discriminated against because of their decision to exercise their right to informed consent and refuse the administration of "[genetic vaccines](#)."

Read the press release:

No job, lower hospitalizations — finds international survey

An international survey of a health-aware, "Control Group" that includes over 300,000 people who have chosen to avoid COVID-19 vaccination, shows participants place minimal burden on health systems through their strong reliance on natural immunity, self-care and the use of natural health supplements to help prevent or even treat COVID-19.

Yet this group faces unfounded discrimination, job losses and mental health issues intensified by its marginalization by mainstream society.

The survey of participants in the "Control Group" includes a sub-group from the over 305,000 participants from more than 175 countries who have joined the citizen-led project and opted to not receive [COVID-19 vaccines](#).

The findings just uploaded to the preprint server [ResearchGate](#), show that during the 5-month survey period (Sept. 2021 through to Feb. 2022 inclusive), participants suffered low rates of severe COVID-19 disease, were infrequently hospitalized, and used natural health products extensively both for prevention and for treatment of mild to moderate COVID-19.

Data from these first five months of the Control Group survey were analyzed and interpreted by an independent, international team led by [Robert Verkerk Ph.D.](#), a multi-disciplinary scientist and the founder, executive and scientific director of the non-profit Alliance for Natural Health International.

Co-authors included three practicing clinicians, Dr. Naseeba Kathrada from South Africa, Christof Plothe D.O. from Germany and Dr. Katarina Lindley from the USA.

The authors came together to assess the survey data through their collaboration in recent months with the World Council for Health, a non-profit, global coalition of health-focused organizations and civil society groups.

The survey findings were based on a sub-cohort of approximately 18,500 Control Group participants who had completed questionnaires on a monthly basis over the first five months of the survey.

Among the wide-ranging data collected, the survey captured reasons why participants avoided vaccines, with distrust of governments and [pharmaceutical companies](#) as well as concerns over adverse reactions from insufficiently tested vaccines being high on the list.

Participants reported extensive mental health problems that may have been compounded by the stigmatization and discrimination facing those who shunned COVID-19 vaccines.

It also found that women, despite being unvaccinated for COVID-19, suffered [menstrual and bleeding abnormalities](#) that may have been associated with viral exposure, shedding, spike protein exposure or pandemic-related behavioral changes. Those who never wore masks reported the lowest levels of COVID-19 disease.

Given the participants are self-selected and have self-reported, the survey findings need to be interpreted with care when comparing them with national statistics or studies based on randomly selected populations.

The U.K.-based Control Group project was established in mid-2021 as a citizen-led cooperative that aims to evaluate long-term health outcomes among the COVID-19 vaccine-free as well as linking its members to country support networks and online community groups.