

# Beat COVID-19 Today

## A COVID-19 Philippine Situationer



Issue 578 | November 26, 2021

Active Cases as of 25 November 2021  
(net of recoveries and deaths)

**17,796**  
**-247**

Total Cases as of 25 November 2021

**2,829,618**  
**+975**

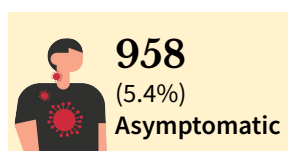
Recovered

**2,763,947**  
**+1,029**

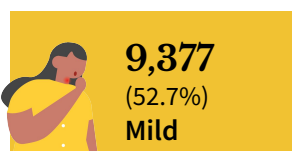
Died

**47,875**  
**+193**

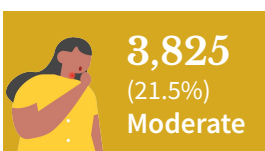
### Breakdown of Active Cases



A patient with an RT-PCR confirmed case of COVID-19 without symptoms.



A patient with mild symptoms and stable vital signs. Unless the patient belongs to high-risk subgroups or has comorbidities, they are often not admitted to a treatment facility.



A patient with clinical signs of non-severe pneumonia



A patient with clinical signs of severe pneumonia or severe acute respiratory infection



A patient with impending or ongoing respiratory failure, in need of mechanical ventilation, or with evidence of end-organ damage or with septic shock.

**Note.** A person who is classified as having a mild case of COVID-19 but is considered high-risk due to age or the presence of comorbidities may be admitted to a treatment facility. Moderate, severe or critical cases must be admitted to a health facility, regardless of inclusion in high-risk subgroups or presence of comorbidities. Non-severe pneumonia: fever, cough, dyspnea or respiratory rate of 21-30 breaths/minute, oxygen saturation more than 92% at room air for adults, and cough or difficulty in breathing and fast breathing or chest indrawing for children. Severe pneumonia: fever, cough, dyspnea or respiratory rate of more than 30 breaths/minute, oxygen saturation less than or equal to 92% at room air for adults, central cyanosis, oxygen saturation less than 90%, fast breathing, very severe chest indrawing for children

### Top regions by Active Cases

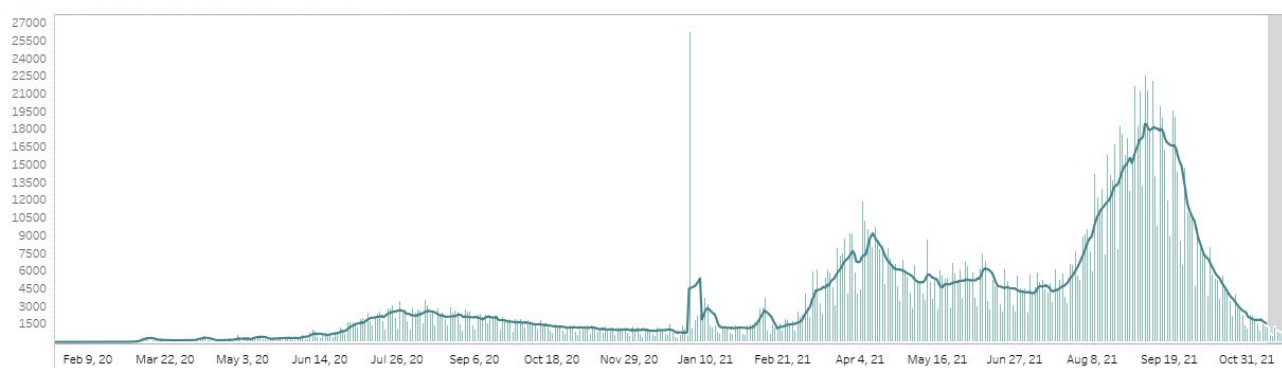
NCR	4,029
Region IV-A: CALABARZON	2,345
Region III: Central Luzon	1,742
Region VII: Central Visayas	1,177
Region VI: Western Visayas	1,148
Region II: Cagayan Valley	1,066
Region XI: Davao Region	875
Region I: Ilocos Region	716
Region IX: Zamboanga Peninsula	700
Region V: Bicol Region	649

### Top Regions by New Cases

NCR	187
Region IV-A: CALABARZON	164
Region VII: Central Visayas	93
Region VI: Western Visayas	69
Region IX: Zamboanga Peninsula	68
Region V: Bicol Region	55
Region III: Central Luzon	51
Region II: Cagayan Valley	49
Region I: Ilocos Region	41
Region IV-B: MIMAROPA	31

**Note.** Data on healthcare workers affected by COVID-19, testing capacity by laboratory, equipment utilization, and LIGTAS COVID facilities will be included in the full situational report every Sunday.

## CONFIRMED CASES BY DATE OF ONSET OF ILLNESS (NATIONWIDE)



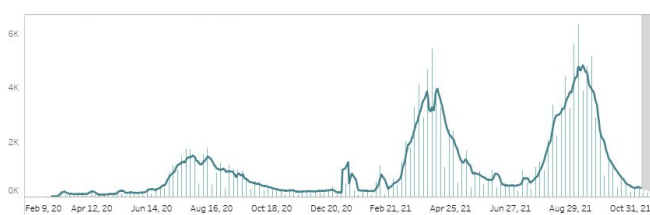
## CONFIRMED DEATHS BY DATE OF DEATH (NATIONWIDE)



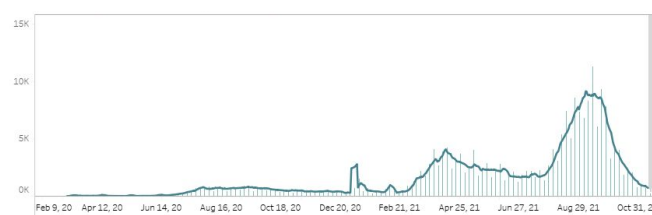
### Notes.

1. Bars with dark green colors indicate the actual date of onset or date of death for newly-reported cases.
2. In cases where date of onset of illness is unreported, date of specimen collection was used as proxy. Cases that do not have both are not accounted for in the date of onset histogram. As of this situation report, around 10% of cases have unreported dates of specimen collection and onset of illness.
3. Owing to delays in reporting, case counts within the gray area are still incomplete. Hence, we urge caution in interpreting data beyond this 14-day cutoff. Rest assured that the DOH continues to work tirelessly to ensure the timely reporting of accurate data.

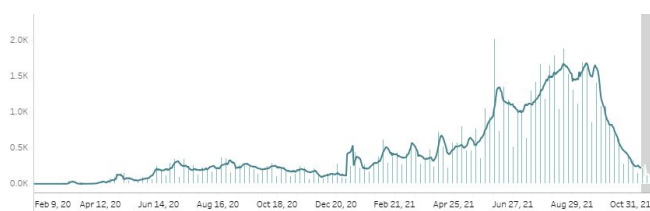
## CONFIRMED CASES BY DATE OF ONSET OF ILLNESS (DISAGGREGATED)



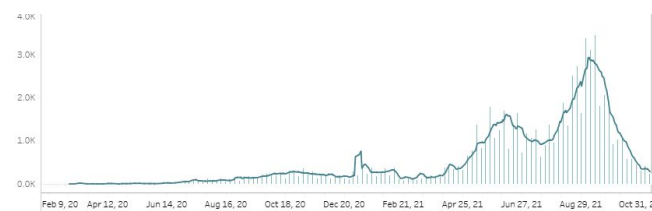
**NCR**



**Rest of Luzon**



**Visayas**

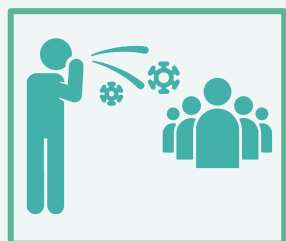


**Mindanao**

### Notes.

1. Bars with dark green colors indicate the actual date of onset or date of death for newly-reported cases.
2. The cases from the “NCR” graph have been separated from cases of the “Luzon” graph.
3. Owing to delays in reporting, case counts within the gray area are still incomplete. Hence, we urge caution in interpreting data beyond this 14-day cutoff. Rest assured that the DOH continues to work tirelessly to ensure the timely reporting of accurate data.

## COVID-19'S CAPACITY TO SPREAD ( $R_t$ VALUE)

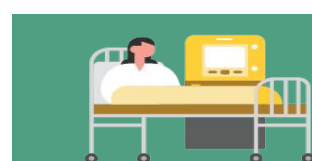
November 5:  $0.828 \pm 0.02$ November 6:  $0.829 \pm 0.02$ 

The time-varying **reproduction number ( $R_t$ )** indicates the possible number of people being infected by a sick person, at a specific time with control measures in place.

**IMPORTANT NOTE.** The reproduction number is measured using symptom onset, we do not include in the interpretation the past 14-16 days given the time between symptoms, health seeking, testing, and reporting. When interpreting the reproduction number keep in mind that it is a **lagging indicator (that is, it provides a snapshot of the situation two weeks ago)**. Please do not expect this number to change daily.

- The reproduction number ( $R_t$ ) was around 2 early on in the outbreak. This meant that each confirmed person with COVID was infecting 2 other people.
- Based on the latest data, we are 95 percent confident that  $R_t = 0.829 \pm 0.02$ , which means each infected individual was infecting an average of 0.829 other persons **around two weeks ago**.
- **Lowering this value is made possible though efforts such as social distancing, wearing of PPE, and other means to stop the spread of the virus.**
- The goal is for  $R_t$  to be less than 1, which would mean that, on average, an infected person is infecting less than one person, eventually stopping the transmission of COVID-19.

## UTILIZATION OF COVID-19 BEDS



# 23%

8,487 beds occupied out of 36,921 as of 25 November 2021

# 29%

1,084 ICU beds occupied out of 3,745

# 16%

2,125 ward beds occupied out of 13,128

# 26%

5,278 isolation beds occupied out of 20,048

**Note.** The number of confirmed severe and critical cases may not necessarily correspond to occupancy of ICU beds and mechanical ventilators as suspect and probable cases in severe or critical condition also utilize these resources. Facilities which did not submit a daily utilization report have their most recent carry over to today.

## DAILY TESTING STATISTICS (Data for November 25, reported as of November 26, 6 PM)

### Daily Testing Output (Nationwide)



As of November 25, 2021

### Daily Positivity Rate



As of November 25, 2021

### Testing Output (November 25)

Samples Tested	39,256
Individuals Tested	37,219
Positive Tests	887
Positivity Rate	2.38%
Testing Backlog	73
Compliance of Labs	282/295

### Cumulative Testing Output

Samples tested	24,109,948
Individuals Tested	22,667,349
Positive Tests	2,991,040
Positivity Rate	13.20%

### Notes.

1. The DOH is continuously validating the number of positive individuals as reported by the laboratories. When necessary, they are deduplicated. As such, the discrepancy with the number of confirmed cases does not necessarily reflect backlogs in case validation.
2. Please visit [www.doh.gov.ph/covid19tracker](http://www.doh.gov.ph/covid19tracker) for details regarding the testing output per laboratory.
3. A 6 PM cut-off for the situation report is used, and so the numbers presented here are not yet final. A few laboratories submit data between 6 PM and the time the public data drop is generated.

223

74

29

69%

NO. OF LICENSED RT-PCR LABORATORIES

NO. OF LICENSED GENEXPERT LABS

TOTAL NO. OF LABORATORIES APPLYING FOR LICENSE\*

% APPLICATIONS AT STAGE 3 and 4\*

Licensed RT-PCR Laboratories	NAME OF HEALTH FACILITY OR LABORATORY	REGION
1	A Star Laboratories, Inc.	NCR
2	AI Molecular Diagnostic Laboratory	
3	Allied Care Expert - Valenzuela	
4	Amang Rodriguez Memorial Hospital	
5	Army General Hospital Molecular Laboratory	
6	Asian Hospital & Medical Center	
7	Ateneo Molecular Pathology Laboratory	
8	Best Diagnostic Corporation	
9	Be Safe MD, Inc.	
10	BioPath Clinical Diagnostic, Inc.	
11	Biopath Clinical Diagnostics Inc. (E. Rodriguez)	
12	Caloocan City North Medical Center	
13	Cardinal Santos Medical Center	
14	Chinese Gen. Hospital	
15	De Los Santos Medical Center	
16	Detoxicare Molecular Diagnostics Laboratory	
17	Dr. Jose N. Rodriguez Memorial Hospital and Sanitarium (TALA)	
18	East Avenue Medical Center	
19	El Roi Molecular Diagnostic Laboratory	
20	Ermita Molecular Diagnostic Laboratory, Inc.	
21	F.Y. Manalo Medical Foundation, Inc. (formerly New Era Hospital)	
22	Fe del Mundo Medical center	
23	First Aide Diagnostic Center	
24	Health Delivery Systems	
25	Health Metrics, Inc.	
26	Healthway Medical	
27	Heartland Medical and Diagnostic Center	
28	Hero Laboratories	
29	Hi-Precision Diagnostic Center	
30	Interpharma Solutions Philippines, Inc.	
31	Intramuros Molecular Laboratory	
32	JT Cenica Medical Health System	
33	Kairos Diagnostics Laboratory	
34	Kaiser Medical Center Inc.	
35	Las Pinas General Hospital and Satellite Trauma Center	
36	Lifecore Biointegrative Inc.	
37	Lung Center of the Philippines (LCP)	
38	Makati Medical Center (HB)	
39	Manila Diagnostic Center for OFW Inc.	
40	Manila Doctors Hospital	
41	Manila Healthtek Inc.	
42	Marikina Molecular Diagnostic Laboratory	
43	Marikina Valley Medical Center	
44	Marilao Medical and Diagnostic Clinic, Inc.	
45	Medical Center Manila, Inc.	
46	Medical Center Parañaque, Inc.	
47	Medical Center of Taguig City, Inc.	
48	Metro North Medical Center and Hospital Inc.	
49	National Kidney and Transplant Institute	
50	New World Diagnostics Inc. Premium Medical Branch	
51	Olayn Medical Laboratory, Inc	
52	Ospital ng Muntinlupa	
53	Ospital ng Paranaque District II	
54	Pasig City Children's Hospital - Child's Hope	
55	PCR MED Molecular Laboratory	
56	Philippine Medical Diagnostic & Laboratory Center Corporation	
57	Philippine Airport Diagnostic Laboratory	
58	Philippine Children's Medical Center	

COVID-19 PHILIPPINE SITUATIONER #578 (NOVEMBER 26, 2021)

Licensed RT-PCR Laboratories		NAME OF HEALTH FACILITY OR LABORATORY	REGION
59	Philippine Genome Center UP-Diliman (NHB)		NCR
60	Philippine National Police Crime Laboratory		
61	Philippine Red Cross - National Blood Center		
62	Philippine Red Cross - Port Area		
63	PNP General Hospital		
64	PRC - PRC Logistics and Multipurpose Center		
65	PSG Station Hospital Molecular Laboratory		
66	QR Medical Laboratories Inc. (VitaCare)		
67	Quezon City Molecular Diagnostics Laboratory		
68	Quirino Memorial Medical Center		
69	Research Institute for Tropical Medicine, Inc. (RITM)		
70	Safeguard DNA Diagnostics, Inc.		
71	San Lazaro Hospital (SLH)		
72	San Miguel Foundation Testing Laboratory		
73	Singapore Diagnostic, Inc.		
74	South Super Hi Way Molecular Diagnostic Lab		
75	St. Luke's Medical Center - BGC (HB)		
76	St. Luke's Medical Center- QC		
77	Sta. Ana Hospital		
78	Supercare Medical Services, Inc.		
79	Taguig City Molecular Laboratory		
80	The Lord's Grace Medical and Industrial Clinic		
81	The Medical City - Ortigas		
82	The Premier Molecular Diagnostics		
83	Tropical Disease Foundation		
84	Truhealth Diagnostics Center, Corp.		
85	University of Perpetual Help System Dalta		
86	University of the East Ramon Magsaysay Memorial Medical Center		
87	UP National Institutes of Health (UP NIH)		
88	UP-PGH-MRL		
89	Valenzuela Hope Molecular Laboratory		
90	Veteran Memorial Medical Center		
91	Victoriano Luna Medical Center - AFRIMS - Collaborative Molecular Laboratory		
92	Amai Pakpak Medical Center		BARMM
93	Philippine Red Cross Cotabato City - Maguindanao Molecular Laboratory		
94	Baguio General Hospital and Medical Center (BGHMC)		CAR
95	Benguet General Hospital		
96	Luis Hora Memorial Regional Hospital		
97	Parkway Medical and Diagnostic Center		
98	Tabuk City Covid-19 RT-PCR Testing Laboratory		CARAGA
99	Adela Serra TY Memorial Medical Center		
100	Butuan Medical Center		
101	Philippine Red Cross Molecular Laboratory		
102	Democrito O. Plaza Memorial Hospital		I
103	Dagupan Doctors Villaflor Memorial Hospital		
104	Ilocos Training Regional Medical Center		
105	Mariano Marcos Memorial Hospital		
106	Pangasinan Molecular Diagnostic Laboratory		
107	Region 1 Medical Center		
108	Metro Pangasinan Molecular Laboratory		
109	Tayug Family Hospital		II
110	Cagayan Valley Medical Center Molecular Laboratory		
111	Philippine Red Cross Isabela Molecular Laboratory		
112	San Antonio City of Ilagan Hospital		
113	Southern Isabela Medical Center		

**Licensed RT-PCR Laboratories**

<b>NAME OF HEALTH FACILITY OR LABORATORY</b>		<b>REGION</b>
114	Bataan General Hospital	III
115	Bulacan Medical Center	
116	Dr. Paulino J. Garcia Memorial Research and Medical Center	
117	Graman Medical & Maternity Hospital Inc Molecular Laboratory	
118	Green City Medical Center	
119	Jose B. Lingad Memorial Hospital	
120	Marilao Medical and Diagnostic Clinic, Inc.	
121	Mariveles District Hospital	
122	Multi-Lifecare Foundation Molecular Laboratory	
123	Olongapo City Molecular and Diagnostic Laboratory	
124	Our Lady of Mt. Carmel Medical Center Molecular Laboratory	
125	Philippine Red Cross - Logistics and Training Center	
126	Philippine Red Cross Clark Molecular Laboratory	
127	Qualimed Hospital - San Jose Del Monte	
128	Tarlac Provincial Hospital Molecular Laboratory	
129	The Medical City Clark Inc.	
130	Antipolo City Molecular Laboratory	IV-A
131	Batangas Medical Center	
132	Calamba Medical Center	
133	Daniel O. Mercado Medical Center	
134	De La Salle Medical and Health Sciences Institute	
135	Fatima University Medical Center Antipolo Corp.	
136	GentriMed Molecular Laboratory	
137	Laguna City Provincial Hospital-San Pablo City District Hospital	
138	Laguna Holy Family Hospital, Inc.	
139	Laguna Holy Family Hospital, Inc - Satellite Molecular Laboratory	
140	Lucena United Doctors Hospital and Medical Center	
141	Mary Mediatrix Medical Center	
142	Ospital ng Imus	
143	Ospital ng Lipa	
144	PRC- Batangas Chapter Molecular Laboratory	
145	Qualimed Hospital Sta. Rosa	
146	San Pablo College Medical Center	
147	Soriano-Leyble Medical and Maternity Hospital	
148	Stark Molecular Laboratory Inc.	
149	UPLB Covid-19 Molecular Laboratory	
150	Puerto Princesa City Molecular Laboratory	IV-B
151	Bicol Medical Center	V
152	Bicol Region General Hospital and Geriatric Medical Center	
153	Bicol Regional Diagnostic and Reference Laboratory	
154	Naga City Molecular Laboratory	
155	Metro Health Specialist Hospital	
156	Antique Bio-Molecular Laboratory	VI
157	Bacolod Queen of Mercy Hospital	
158	Corazon Locsin Montelibano Memorial Regional Hospital	
159	Dr. Pablo O. Torre Memorial Hospital	
160	Dr. Rafael S. Tumbokon Memorial Hospital	
161	Iloilo Provincial Hospital	
162	Metro Iloilo Hospital and Medical Center	
163	Philippine Red Cross Passi City Molecular Laboratory	
164	PRC - Negros Occidental Molecular Laboratory	
165	Qualimed Health Network - Iloilo	
166	Roxas City Diagnostic and Laboratory Center	
167	Roxas Memorial Provincial Hospital Molecular Laboratory	
168	Uswag Iloilo Molecular Laboratory	

**Licensed RT-PCR Laboratories**

	<b>NAME OF HEALTH FACILITY OR LABORATORY</b>	<b>REGION</b>
169	Western Visayas Medical Center (WVMC)	VI
170	Teresita Jalandoni Provincial Hospital	
171	Western Visayas State University Medical Center	
172	Tomboc-Salayog Hospital	
173	Safeguard DNA Diagnostics, Inc.	
174	Allegiant Regional Care Hospital	VII
175	BioPath Clinical Diagnostic, Inc. - AFRIMS PCR laboratory	
176	BioPath Clinical Diagnostic, Inc. - CEBU	
177	Bohol Containerized PCR Laboratory	
178	Cebu Doctors University Hospital, Inc.	
179	Cebu TB Reference Laboratory	
180	Chong Hua Hospital	
181	Governor Celestino Gallares Memorial Medical Center	
182	Negros Oriental Provincial Hospital	
183	Perpetual Succour Hospital of Cebu, Inc.	
184	Philippine Red Cross - Cebu Chapter	
185	Prime Care Alpha Covid-19 Testing Laboratory	
186	RHS 7 Molecular Laboratory (PNP)	
187	University of Cebu Medical Center	
188	Vicente Sotto Memorial Medical Center (VSMMC)	VIII
189	Divine Word Hospital	
190	Eastern Visayas Regional Covid-19 Testing Center	
191	OSPA - Farmers' Medical Center	IX
192	Ciudad Medical Zamboanga	
193	Philippine Red Cross - Molecular Biology Laboratory	
194	Zamboanga City Medical Center-Department of Agriculture Satellite Laboratory for COVID-19 Testing	
195	Zamboanga del Norte Medical Center	
196	Zamboanga Del Sur Medical Center	X
197	Lanao Del Norte Covid-19 Testing Laboratory	
198	Gregorio T. Lluch Memorial Hospital	
199	Maria Reyna Xavier University Hospital Inc.	
200	Mayor Hilarion A. Ramiro Sr. Medical Center	
201	Misamis Occidental RT-PCR Laboratory	
202	Northern Mindanao Medical Center	
203	Northern Mindanao Medical Center- Satellite Covid-19 Laboratory	
204	Philippine Red Cross - Cagayan de Oro Chapter	
205	Polymedic Medical Plaza	XI
206	Bukidnon Provincial Medical Center	
207	APEX Mining CO. Inc.	
208	Brokenshire Integrated Health Ministries, Inc.	
209	Davao de Oro Provincial Hospital	
210	Davao International Airport Laboratory	
211	Davao One World Diagnostic Center Incorporated	
212	Davao Regional Medical Center	
213	Los Amigos Davao Laboratory	
214	PRO 11 RT- PCR Molecular Laboratory	
215	Safeguard DNA Diagnostics, Inc.	
216	Southern Philippines Medical Center (SPMC)	
217	Southern Philippines Medical Center (SPMC) - Pop-up	
218	Vitalab Molecular Laboratory	

Licensed RT-PCR Laboratories		
NAME OF HEALTH FACILITY OR LABORATORY		REGION
219	Cotabato Regional Medical Center	XII
220	Dr. Jorge P. Royeca Hospital	
221	Mlang District Hospital	
222	St. Louis Molecular Diagnostic Laboratory	
223	Tomboc-Salayog Hospital	



**Licensed Cartridge-based PCR or GeneXpert Laboratories**

	<b>NAME OF HEALTH FACILITY OR LABORATORY</b>	<b>REGION</b>
1	Amai Pakpak Medical Center	BARM
2	Al Molecular Diagnostic Laboratory	NCR
3	Amang Rodriguez Memorial Center	
4	Amosup Seamen's Hospital	
5	BioPath Clinical Diagnostic, Inc.	
6	BioPath Clinical Diagnostic, Inc. (E. Rodriguez)	
7	Cardinal Santos Medical Center	
8	Chinese Gen. Hospital	
9	Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	
10	El Roi Medical Clinic and Diagnostic Center	
11	Hi-Precision Diagnostic Center	
12	IOM- Manila Health Centre Laboratory	
13	Jose R. Reyes Memorial Medical Center	
14	Kairos Diagnostics Laboratory	
15	Las Pinas General Hospital and Satellite Trauma Center	
16	Lung Center of the Philippines	
17	National Kidney and Transplant Institute	
18	National Children's Hospital	
19	New World Diagnostics Inc. Premium Medical Branch	
20	Olayn Medical Laboratory, Inc	
21	Philippine Airport Diagnostic Laboratory	
22	Philippine General Hospital	
23	Philippine Heart Center	
24	Rizal Medical Center	
25	St. Luke's Medical Center - BGC	
26	St. Luke's Medical Center - QC	
27	Sta. Ana Hospital - Closed System Molecular Laboratory	
28	The Medical City - Ortigas	
29	Tondo Medical Center	
30	Victoriano Luna Medical Center -AFRIMS - Collaborative Molecular Laboratory	
31	Dr. Jose Fabella Memorial Hospital	
32	Medical Center Manila, Inc	
33	Ilocos Training Regional Medical Center	I
34	Mariano Marcos Memorial Hospital	
35	Region 1 Medical Center	II
36	Cagayan Valley CHD TB Reference Laboratory	
37	Bataan General Hospital	III
38	Bulacan Medical Center	
39	Central Luzon Doctor's Hospital	
40	Jose B. Lingad Memorial Hospital	
41	Mariveles District Hospital	
42	President Ramon Magsaysay Provincial Hospital	
43	Skyline Hospital and Medical Center	
44	Tarlac Provincial Hospital	IV-A
45	Batangas Medical Center	
46	First Cabuyao Hospital and Medical Center, Inc.	
47	GentriMedical Center and Hospital, Inc.	
48	Mabini Community Hospital	
49	RAKKK Prophet Medical Center, Inc.	IV-B
50	Sta. Rosa CHO	
51	Culion Sanitarium and General Hospital	
52	Occidental Mindoro Provincial Hospital	

**Licensed Cartridge-based PCR or GeneXpert Laboratories**

<b>NAME OF HEALTH FACILITY OR LABORATORY</b>		<b>REGION</b>
53	Oriental Mindoro Provincial Hospital	IV-B
54	Ospital ng Palawan	
55	Puerto Galera Molecular Laboratory (Formerly Best Care Medical Clinic & Diagnostic Center, Inc.)	
56	Bicol Medical Center	V
57	BioPath Clinical Diagnostic, Inc. - AFRIMS	VII
58	BioPath Clinical Diagnostic, Inc. - CEBU	
59	Cebu Doctors University Hospital, Inc.	
60	Cebu TB Reference Laboratory	
61	Chong Hua Hospital	
62	Perpetual Succour Hospital of Cebu, Inc.	
63	Siliman University Medical Foundation	IX
64	West Metro Medical Center	
65	Zamboanga City Medical Center	X
66	Northern Mindanao Medical Center	XI
67	Davao Doctors Hospital	
68	Davao Regional Medical Center	XII
69	Cotabato Regional Medical Center	
70	Dr. Arturo Pingoy Medical Center	
71	St. Elizabeth Hospital	CARAGA
72	Butuan Medical Center	
73	CARAGA Regional Hospital	
74	Manuel J. Santos Hospital	

## RECENT UPDATES ON COVID-19

As of November 25, 2021

- DOH recorded **17,796 active cases** with the majority of the patients exhibiting **mild symptoms (9,377; 52.7%)** while **1,073 patients** are in **critical condition (6.0%)**.
- DOH recorded **28,176 health care workers** positive for COVID-19. Of these, **27,954 (99.2%)** have recovered, 108 (0.4%) have died and 114 (0.3%) were active cases. Of these active cases, 38 (33.3%) were mild cases, 27 (23.7%) were asymptomatic, 21 (18.4%) in severe condition, 9 (7.9%) in critical condition and 19 (16.7%) in moderate condition.
- A total of **1,781,126 Returning Overseas Filipinos (ROFs)** have arrived in the country (Land-based: 1,716,906; Sea-based: 64,220). Among the ROFs, **24,196 were confirmed COVID-19 patients** (Land-based: 15,243; Sea-based: 8,953). Among these, 73 are currently admitted, 24,095 have already recovered; and 28 have died.



## Contact Details

For further information, you may reach us through the following platforms:

### SOCIAL MEDIA ACCOUNTS

- Facebook:**  
[fb.com/OfficialDOHgov](https://fb.com/OfficialDOHgov)
- Twitter:**  
[@DOHgovph](https://twitter.com/DOHgovph)
- Viber:**  
[DOH PH COVID-19](https://viber.com/DOH-PH-COVID-19)
- TikTok:**  
[@dohgovph](https://tiktok.com/@dohgovph)

### WEBSITES

- DOH:**  
[www.doh.gov.ph](https://www.doh.gov.ph)
- Healthy Pilipinas:**  
[healthypilipinas.ph](https://healthypilipinas.ph)

### CONTACT NUMBERS

- (02) 894 - COVID (26843) or 1555 (for all subscribers)

**THANK YOU** for checking out this issue of Beat-COVID-19 Today! We'd like to know what you think. Send us your feedback at [dohfeedback@gmail.com](mailto:dohfeedback@gmail.com).