

TRANSCRIPT OF INTERVIEW WITH DR. LISA KOCHÉ

DEL BIG TREE There was a doctor that stepped forward. Her video was banned - that video amongst places. It was Lisa Koche, a doctor who was inspired by those Frontline Doctors, shocked that they were censored, that said enough is enough. And she decided to put her name, and her license, and her point of view on the line. Here is a piece of that video that is going viral around the world.

In video, DR. LISA KOCHÉ: I continue to lead a large 8,000-patient practice through the front lines of this COVID-19 pandemic. Yesterday, my colleagues were on Capitol Hill, and these people, I felt the connections so deeply, because they were people who love and care for patients. Just like I do.

And they came out and they spoke about information that had been hidden from the public. Information that I've had to go underground to find. I'm not a political person, I just want to heal people. I want to empower people. I want you to be able to take care of yourselves and live the highest potential you ever can possibly achieve.

These doctors have information. I am so blessed to say that I have access to the information. I know there was a lot on my feed about how the initial YouTube video was taken down. And that is I think the biggest that I want to beg all of you that are listening to this video, and please share it. **WHY ARE THESE DOCTORS BEING CENSORED ON YOUTUBE? WHO IS DOING THAT? WHY? WHAT IS THEIR AGENDA? WHY DO WE HAVE TO SEE MORE PEOPLE DIE?**

If you saw that woman with her heart on her sleeve, she was begging the American people saying she didn't care what happened to her, that the information has to be released. And that predominantly, the biggest point given during this newscast, or press conference, was that hydroxychloroquine which has been all over the place during the pandemic, as soon as it started gaining momentum, whether it is political reasons, or because of the V-word and funding of a study that was shady. And I've discussed this on this live before. They confirm that, those studies that some of which were retracted from major journals. Who is allowing that to be published in the first place? Using hydroxychloroquine at four times the dose and then being able to say that it caused cardiac arrhythmias. Anything we use at four times the recommended dose is going to do that.

But one of the things that blew me away the most yesterday was that there is a preventive dose, it's incredibly low. It's a 200 mg tablet of this pill, twice a week. There's no risk, they've done studies, this drug has been out for 65 years. So why are we not giving that to our front line workers, why are we not giving that to our teachers, why are we not giving that to the immunocompromised? This drug is also available over the counter in other countries. You can get it over the counter and they blocked my prescription because CVS pharmacy told me I can't prescribe for my patients that aren't feeling well.

So I didn't stop because I don't stop. That's why I'm sitting here. I don't stop.

DEL BIG TREE: Amazing isn't it? I mean, can you feel the power, can you feel what's happening around the world now? You cannot, you know, I think that song, right, "This Little Light of Mine", you cannot hide the light. It is shining so brightly through Dr. Lisa Koche who is joining me right now.

Umm, first of all, it's always a pleasure to meet another brave doctor that's out there wanting to tell the truth. What made you do it? Why put out a video? You've already got over a dozen, they've got their names on the line. What difference does it make? Why did you decide, "I need to get involved with telling my perspective"?

LISA KOCHÉ: Thank you for having me Del. I have been following you, and numerous other leaders throughout this pandemic, and I have a very unique perspective because I have a lot of personal health issues. I had leukemia, heart failure, different, really extreme conditions throughout my life that if I had just sat back and taken the narrative, I would not be sitting here today. So I have a blended, integrative, and traditional practice, where I use the best of both worlds.

And when this pandemic started back in March, I remember sitting in my kitchen, being scared like everybody else was. But I was watching the extremes, that if you go in the hospital you're gonna die because we don't have ventilators. If you breathe on somebody and you leave your house, you're gonna get them sick. And I sat there, and after I calmed myself from the fear and realized that we needed to take a stance and start moving forward. I said, who is speaking to the middle? Similar to what Sen. Jensen said.

Like, most of us were in our house, not in the hospital and not worried about going to Walmart with a mask on and touching things. So I said, it's got to be somebody who deal with patients day to day, in the front lines. It's got to be somebody who understands viruses. It's got to be somebody who understands integrative things because vitamins seem like one of the only things we can handle this, back in March, when we first started talking about it. And Lord knows we need somebody who can calm people down. So as I sat there, I said, "Oh my god, I think that's me." Who am I not to step up and help?

And, so I've actually been doing these videos since March, and I would spend 5, 10 minutes just digesting science, and giving people an actionable step, and then ending with an affirmation to get people out of fear. And it was mostly my patients that were watching, and it kind of grew just a little bit through social media. And when I saw Sen. Jensen, when I saw the docs out of Bakersfield, when I saw this doctor begging through social media, to your point, this is the beauty of social media. I'm here searching for ways to treat my 8,000 patients who are calling me with symptoms, because guess what? They get tested positive, what are they told? Call your primary care. And then, where are we? We're not being guided, right?

So when I kept questioning the narrative, and I kept digging under, and say, wait this guy is having luck with budesonide, and wait, this guys is you having luck with, you know, remdesivir, and hails glutathione, which is the natural compound. Well, I started trying to use these things, and I gotten denied and then my excitement when I saw these frontline doctors. To be able to hear their presentation of what I thought, would be unbiased science, which I've been desperately

digging for, and to have it get shut down so quickly that I just felt, that was my normal day to give my video, and that was just my impassioned beg and plea to, let's end this agenda, this hiding of the truth, and bring back unbiased science so we can move forward.

DBT: You know, a question came up, and I didn't really ask Scott this question, but what is, you know, we see a lot of, "this doesn't work, this doesn't work" you know, don't use zinc and vitamins. Vitamins don't do anything, any doctor says Vitamin C, their medical license on review, anyone mentions hydroxychloroquine, their license should come under review. So, while are they attacking people that suggesting things they're saying working with their own patients, what is the actual recommendation of the FDA, or by the CDC to doctors? What is it you're being told, "if your patients test positive, here is what we're recommending you do.

LK: Uh, let's say, literally nothing that I know of. It is, stay home in isolation for two weeks, and then potentially get re-tested again. Even that is muddy. And I think one of the biggest points throughout this is that people have become so fear based because of the fear mongering mainstream media that most people are living in their amygdala, this reptilian, fear-based part of our brain. And when you do that, critical thinking is out the window. So people are not, they've lost critical thinking. They're reacting with immediate response with programming.

So for me, look at medicine, it is not black and white. It is called the art of medicine. It's the practice of medicine because we look at all kinds of things to come up with a program. So that's where for me, with my patient population, of people who are calling in, and they weren't feeling well, it was me going to my books. Me going to my integrative things. Let's get you preventive doses of nutrients that I know have anti-viral properties. Let's boost your immune system. We have lots of ways we can do that. So I've been doing it that way, and then digging underground to find treatment protocols for actual disease.

DBT: It's absolutely outrageous. There's billions of dollars are being spent by government agencies around the world to come up with solutions to "help" the frontline doctors, all we're doing is saying that you're not allowed to try anything, you're not allowed to talk about anything. And what I find so shocking is that, it's not like they have, you know, "we have the cure, we've got the cure, and doctors that aren't using it are putting people at risk". They have zip, diddly, nothing, and so someone that says, "hey, let's at least get some vitamins happening here, let's boost your immune system with some Vitamin D, and quercetin opens up cells like hydroxychloroquine, how about that and some zinc. As though taking vitamins is somehow going to put us at risk.

How is that information putting anyone at risk? Vitamins are mostly inert, especially ones that we're talking about and there's, "no you're not allowed to do. No we are mandating that you do not do anything". And Facebook, and YouTube, and Twitter, are gonna enforce that you do absolutely nothing as a doctor. It's like crazy town.

LK: It is crazy town, and again, that's all the critical thinking out the window. Because everybody should be demanding that we get back to using critical thinking. And listen, we look at all types of parameters, so we're gonna be looking at this specific patient population. We're

gonna be looking at access to care, we're gonna be looking at if this patient has co-morbidities. We're gonna be putting together a whole plan like what senator said.

We were just discussing these things, it is the art of medicine. It's not black and white. If we sit waiting for a black and white answer, more and more people are going to die.

DBT: There was a part of your video where you said you know, "What is going on? Who is behind this? Why are we not allowed to, you know, discuss these things in social media". As you put those questions out, have you come to any conclusions yourself? What is going on?

LK: I would like to say that there is clearly some type of agenda. I don't know who it is, I don't care to give them my energy. I believe that the more, the power is in our connection as humanity. I believe that the more we wake each other up, and we question the narrative, that those questions will be answered. I think pointing fingers, I don't think who it is, matters anymore. I think what matters is that we have a right to unbiased science. We have a right to freedom of speech. We have a right to connect.

And as physicians, if that means we need to go, just like you said, use social media the right way, if we need to band together in a different, safe environment, where we can learn from each other, then we need to be doing that now.

DBT: Those are important and profound words, Dr. Lisa Koche. I really appreciate you taking your time. I wanna thank you again as I thanked Scott Jensen. Because of you, more doctors will step forward, more people will find their voice. And we will change this with the power of the people and of the doctors that still have a conscience, that can't make sense of anything that's going on. That are thinking and feeling exactly what you are saying. I am speaking to hundreds, if not thousands of them around the world. You are empowering them to step forward and I wanna thank you for doing that. You're truly representing that the change begins with us. We're hoping we get to speak with you again soon.

LK: I would love that, thank you Del.